From the kitchen of David and Jennifer Deaven

 $1d: \c xibbean\_sweet\_potato, v l.l 2019/08/13 23:59:53 deaven Exp <math display="inline">\c xp$ 

Servings: 6

with (D). 5. Let stand 15 minutes, serve.

## Salad/Caribbean Sweet Potato

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- A: 3-4 sweet potatoes, peeled and cubed 1/2" 3T olive oil
- B: 1/2C brown sugar 1T allspice
- C: 1 pineapple, cored and sliced into 1/2" rings
- D: 2T balsamic vinegar, white
  - 2T rice vinegar
  - 1T frozen orange juice concentrate
  - 1/4C mango chutney
- E: 1 large cucumber, seeded and cubed 1/2"
  - 1 jalapeno pepper, minced
  - 1 bunch green onions, sliced thin
  - 1/4C cilantro, chopped
- 1. Toss (A) and roast 18 minutes at 450F, then cool.
- 2. Mix (B), coat (C), and grill on both sides to sear. Cube 1/2" and cool.
- 3. Combine (D) and whip together.
- 4. Add (E) to cooled sweet potatoes and pineapple, toss



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