

From the kitchen of David and Jennifer Deaven

Bread/Cranberry Pumpkin Muffins

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A: 1C whole wheat flour
2/3C white flour
1t baking soda
1/2t baking powder
1/2t allspice
1t cinnamon

B: 1C pumpkin
1/4C evaporated milk
2T canola oil
1/2C brown sugar
1 egg white

C: 1C cranberries
1C nuts, chopped (walnuts)

1. Combine (A) in mixing bowl and mix well.
2. Combine (B) in separate bowl, mix well. Add to (A).
2. Add (C) and mix with a few strokes.
3. Bake in muffin tins at 350F for 15min.

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