

From the kitchen of David and Jennifer Deaven

Sid: two_bean_chili.v 1.2 2018/09/19 09:31:40 deaven Exp \$
Servings: 10
vegles are tender.
pot. Stir in (C), cover and cook on low 8 hours or until
3. Transfer to 5 quart slow cooker if not using instant
2. Add (B) and continue cooking and stirring for 2 min.
until onion is slightly browned.

Vegetarian/Two Bean Chili

Vegetarian/Two Bean Chili

- A: 12oz mushrooms, sliced fresh
1 green pepper, chopped
1 red pepper, chopped
2 ribs celery, chopped
1 onion, chopped
1 jalapeno pepper, seeded and chopped
1T olive oil
- B: 4c garlic, minced
1t oregano
- C: 28oz diced tomatoes, undrained
16oz red beans, rinsed and drained
15oz black beans, rinsed and drained
1 carrot, chopped
1/2C water
1/2C BBQ sauce
2T chili powder
1t liquid smoke (optional)
1. Saute (A) in instant pot or skillet over medium heat



From the kitchen of David and Jennifer Deaven