

From the kitchen of David and Jennifer Deaven

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4. Add (D), simmer 50 minutes.
5. Serve with (E) as garnish

Servings: 6

Vegetarian/Chili

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- A: 1/4C onion, chopped
4c garlic, minced
2T olive oil
- B: 2T paprika
1/2t red pepper
1t basil
1/2t oregano
1/2t cumin
- C: 2C zucchini, chopped
1C carrot, chopped
- D: 28oz tomatoes
14.5oz tomatoes
15oz kidney beans, undrained
30oz kidney beans, drained
- E: Onions, tomatoes, grated cheese, sour cream, parsley
1. In large pot, saute (A).
 2. Add (B), stir and saute 60 seconds
 3. Add (C), saute 2 minutes



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