

From the kitchen of David and Jennifer Deaven

id: three_bean_salad, v 1.3 2018/05/09 02:51:20 deaven Exp \$
Servings: 20

5. Chill for at least 60 minutes, serve.
4. In separate bowl, combine (D) and whisk together. Add to the salad and toss.
3. Drain (A) and (B), combine with (C). minutes. Remove, drain, and place in cold water.

Salad/Three Bean Salad

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- A: 1C cannelli or great northern beans
1 1/2C kidney beans
B: 1C chickpeas
C: 3 stalks celery, diced
1 red onion, diced
1C parsley, chopped
1T rosemary, minced
D: 1/2C cider vinegar
1/3C sugar
1/4C vegetable oil
2T olive oil
3t salt
2t pepper
1. Soak (A) for at least an hour. place in pressure cooker and cook 20lbs. for 14 minutes. Remove, drain, and place in cold water.
 2. Soak (B) in water for at least an hour. Place in pressure cooker and cook at 20lbs. pressure for 27



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