

## Salad/Superfood

A: 1 bunch kale  
B: 2T olive oil  
C: 2C broccoli, chopped  
1/4C walnuts, chopped  
1/3C dried cranberries

D: 2T soy sauce  
2T rice vinegar  
1T sugar  
1/2t sesame oil  
1t ginger, ground

1. Chop (A), place in bowl with (B), and knead like dough until soft.
2. Add (C), mix.
3. Combine (D) in bowl and mix, then dress salad and toss to coat.

Servings: 6

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*From the kitchen of David and Jennifer Deaven*