

Meat/Sassy Kabobs

A: sassy kabob sauce

B: 3 chicken breast

2 bell peppers, green, red, or orange

2C pineapple chunks

6 mushrooms

1. Cut (B) into similar-sized pieces for even cooking. Thread onto wooden skewers.
2. Put skewers onto low-heat grill. Baste in sauce using brush. Turn 3-4 times, total cooking time about 20 minutes.

Servings: 4

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