

From the kitchen of David and Jennifer Deaven

\$id: island_pork_roast.v 1.5 2018/05/27 14:21:49 deaven Exp \$

Servings: 8

saucepan over low heat.

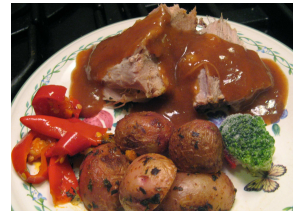
3. Make gravy with some of the juice and (E) in a small

Meat/Island Pork Roast

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- A: 3 pound pork roast
- B: 5-6 whole cloves
- C: 2 onions, quartered
3c garlic, sliced
- D: 1t allspice
1t paprika
1/4C ketchup
1/2t kitchen bouquet
2T orange juice concentrate
2T honey
1T soy sauce
2t lemon juice
- E: 1T cornstarch
1T water

1. Wash, roll, and tie (A), then place (B) into (A). Place into crockpot and add (C).
2. Combine (D), pour over the roast, and cook on low in crockpot for 10 hours.



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