

Desserts/Nutty Power Squares

A: 1C wheat germ

1C coconut, shredded

1C walnuts, chopped

1/2C sesame seeds

1/2C sunflower seeds

B: 1/2C butter or margarine

C: 1C peanut butter, creamy

1 1/2C chocolate chips

0. In a large bowl, combine (A).

1. In a small saucepan, melt (B). Remove from heat. Add (C); stir to blend.

2. Add (B)/(C) mixture to (A) and incorporate thoroughly. Press mixture into a 9x13" pan.

3. Chill for 1 hour to set. Cut into squares.

Servings: 24

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From the kitchen of David and Jennifer Deaven