

Bread/Banana Muffins

A: 2C flour
1t salt
4t baking powder
1/2C sugar
2t cinnamon
pinch allspice

B: 4t butter
2 eggs
2 bananas

1. Mix (A) and (B) in separate bowls, then combine and stir with a few strong strokes (do not overstir).
2. Bake at 425F for 15minutes in muffin pan.

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From the kitchen of David and Jennifer Deaven