

From the kitchen of David and Jennifer Deaven

until onion is slightly browned.
2. Add (B) and continue cooking and stirring for 2 min.
3. Transfer to 5 quart slow cooker if not using instant pot. Stir in (C), cover and cook on low 8 hours or until veggies are tender.
Servings: 10
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Vegetarian/Two Bean Chili

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- A: 12oz mushrooms, sliced fresh
1 green pepper, chopped
1 red pepper, chopped
2 ribs celery, chopped
1 onion, chopped
1 jalapeno pepper, seeded and chopped
1T olive oil
- B: 4c garlic, minced
1t oregano
- C: 28oz diced tomatoes, undrained
16oz red beans, rinsed and drained
15oz black beans, rinsed and drained
1 carrot, chopped
1/2C water
1/2C BBQ sauce
2T chili powder
1t liquid smoke (optional)
1. Saute (A) in instant pot or skillet over medium heat



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