

*From the kitchen of David and Jennifer Deaven*

sid: enchilada-casserole.v 1.2 2025/03/02 18:10:19 deaven Exp \$

Servings: 6

5. Bake 400F 20min or until brown on top.  
cheese sauce, then top with (G).  
with bean mixture, add remaining tortillas, cover with

## Vegetarian/Enchilada-casserole

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- A: 1T olive oil  
1 onion  
1c garlic, minced
- B: 1C pinto beans, refried  
1/2C salsa  
1t oregano
- C: 3/4C milk
- D: 1/4C milk  
2T flour
- E: 1 1/2C jack cheese
- F: 12 corn tortillas
- G: 3 green onions  
2t crushed red pepper or paprika
1. Oil casserole pan (9x13 inch or equivalent).
  2. Saute (A), add (B) and mix well.
  3. Heat (C) in saucepan, whisk in (D) and add (E), stirring over heat until thickened.
  4. Slice (F) into triangles, lay half in casserole, cover



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