

4. Place on baking sheet with plenty of space between. Brush with (E), sprinkle with sugar, and bake 400F for about 22 minutes, until lightly browned.

## Bread/Scones

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- A: 1C whole wheat flour  
1C white flour  
1/4C granulated sugar  
1t baking powder  
1/4t baking soda  
1/2t salt
- B: 1/2C butter, very cold
- C: 1/4C yogurt  
1/3C whole milk (approximately)
- D: 1C berries, fruit, nuts, or other filling
- E: 1 egg  
2T milk



1. Whisk (A) together in large bowl. Cut (B) in using pastry knife or processor.
2. Mix (C) well, add to dry ingredients, work (D) in lightly, and turn onto floured surface.
3. Roll to 1" thickness and cut into wedges and triangles.