

Sides/Caramelized Shallots

A: 2T butter

1 1/2t sugar

1# shallots, peeled

B: 3/4# green vegetables, such as snow peas

1. In large skillet, combine (A). Coat shallots with butter and cook until tender, and syrup is brown (about 20 minutes).

2. Blanch (B) in boiling water, cover with (A) and serve.

\$Id: caramelized_shallots.v 1.1 2005/01/04 03:25:07 deaven Exp \$



From the kitchen of David and Jennifer Deaven